Digital Clinicians

Weekly Blood Sugar / Insulin Log

	Breakfast		Lunch		Dinner		Bedtime		Notes
	Fasting	After	Pre	Post	Pre	Post	Bedtime	Overnight	
SUN/ Time									
Blood Sugar									
Insulin Dose									
Food-Carbs(g)									
Food- Sugar(g)									
MON/ Time									
Blood Sugar									
Insulin Dose									
Food-Carbs(g)									
Food- Sugar(g)									
TUE/ Time									
Blood Sugar									
Insulin Dose									
Food-Carbs(g)									
Food- Sugar(g)									
WED/ Time									
Blood Sugar									
Insulin Dose									
Food-Carbs(g)									
Food- Sugar(g)									
THURS/ Time									
Blood Sugar									
Insulin Dose									
Food-Carbs(g)									
Food- Sugar(g)									
Fri/ Time									
Blood Sugar									
Insulin Dose									
Food-Carbs(g)									
Food- Sugar(g)									
SAT/ Time									
Blood Sugar									
Insulin Dose									
Food-Carbs(g)									
Food- Sugar(g)									